

Design & Technology

All children – regardless of gender, starting point or background – will have the opportunity to engage with a high-quality design technology education. They will be equipped with the knowledge, skills and vocabulary to use creativity and imagination to design and make products that solve real and relevant problems in a variety of contexts. We intend to inspire a sense of enjoyment and curiosity about design technology.

Cooking and Nutrition

Spring 2

Igniting Prior Knowledge:

Understand the importance of healthy food choices.
Use range of small tools, including cutlery



Key Vocabulary:

- Preparing
- Peeling
- Cutting
- Slicing

New Knowledge:

- Foods such as fruit and vegetables are known as healthy foods.
- Food comes from plants and animals.
- Some foods, such as wheat, rice, pulses, fruits and vegetables, are grown.
- Some fruits and vegetables are grown in different parts of the world.
- A variety of tools e.g. knife, grater can be used to prepare food.
- Hands should be washed before preparing food.
- Fruits and vegetables should be washed before preparing.
- Some fairtrade foods can be bought locally e.g. bananas

